

SUGGESTED COURSE OF STUDY

LEVEL 1

S. No	TITLE	No. of TALKS
1	INTRODUCTION TO VEDĀNTA	16
2	TATTVABODHA	22
3	BHAGAVAD-GĪTĀ SUMMARY	22
4	BHAJAGOVINDAM	12
5	BHAGAVAD-GĪTĀ (CHAPTERS 1 TO 6)	99
6	SĀDHANA-PAÑCAKAM AND VALUES	13
7	BHAGAVAD-GĪTĀ (CHAPTERS 7 TO 12)	65
8	JĪVAYĀTRĀ AND MANIṢĀ-PAÑCAKAM	20
9	BHAGAVAD-GĪTĀ (CHAPTERS 13 TO 18)	79

LEVEL 2

1	THE ESSENCE OF UPANIṢADS	30
2	UPADEŚASĀRA	11
3	MUṆḌAKA-UPANIṢAD	38
4	SARVA-VEDĀNTA-SIDDHĀNTA-SĀRASANĠRHA (PORTIONS)	29
5	KENA-UPANIṢAD	12
6	ĀTMABODHA	30
7	KAṬHA-UPANIṢAD	45
8	APAROKṢĀNUBHŪTI	42
9	KAIVALYA-UPANIṢAD	13

10	VĀKYAVṚTTI	19
11	TAITTIRĪYA-UPANIṢAD	51
12	DR̥G-DR̥ŚYA-VIVEKA	21
13	MĀṆḌŪKYA-UPANIṢAD AND KĀRIKĀ	81
LEVEL 3		
1	SAD-DARŚANAM	24
2	DAKṢIṆĀMŪRTI-STOTRAM AND PORTIONS OF ŚIVĀNANDALAHARĪ	21
3	ADVAITA-MAKARANDA	14
4	BRAHMASŪTRAS (1 TO 4)	35
5	AṢṬĀVAKRA-GĪTĀ	74
	TOTAL	168
ALL OTHER TALKS ARE OPTIONAL AND THEY CAN BE STUDIED IN ANY ORDER		